

*-August Edition-*

# CARDINAL CHRONICLE

*Clear Lake HIGH SCHOOL newsletter*

## WELCOME BACK STUDENTS!



### **BROUGHT TO YOU BY THE ASB LEADERSHIP CLASS**

We are the ASB Leadership elective! Starting this year fresh, with so many things here at Clear Lake High, we, a group of students, are here to bring back the Cardinal Chronicle with a fresh look! We hope you enjoy! Happy August!



# PRINCIPAL'S PAGE

Welcome to the 2017-18 school year! I am very excited to be a part of the Cardinal Family and if the first weeks are an indication, this is going to be a great year. I am looking forward to working at CLHS. In my twenty years at LUSD I have held many positions, starting with first grade teacher, Title I Teacher and Reading Specialist at Lakeport Elementary School. After moving on to Terrace, I held both the Assistant Principal and Principal positions for over fourteen years. During this last year, I served as the Director of Curriculum and Instruction for all of LUSD. I am looking forward to getting reacquainted with my former TMS students and their families as well as getting to know those that have recently enrolled. I also welcome the chance to learn all the nuances of being a high school principal. I believe that living is learning and each day brings opportunities to learn for all of us. I trust that the staff at CLHS can help guide the learning of ALL of our students.

As part of our professional development prior to the start of school, the staff took some time to re-define our vision for a great school. We came up with the following as our vision statement: **Clear Lake High School will provide an environment that fosters inclusion and community thus ensuring all students opportunities to be college and career ready.** During the school year we hope that you will see signs and progress that we are making this vision a reality.

On the first day of school I shared a message with the students that will help us to make our vision a reality. That message is that sometimes we are called upon to **Take a Stand!** This year I will encourage students and staff to take a stand for a safe, caring school culture, to take a stand against name calling, disrespect and bullying, and to take a stand for each other's right to be who they are. We can have different views, ideas and likes and still treat each other with respect and courtesy.

It is a great pleasure to be given the chance to work at CLHS and I am totally confident that together we can continue the rich traditions of pride and excellence in our school and in our Cardinal Family.



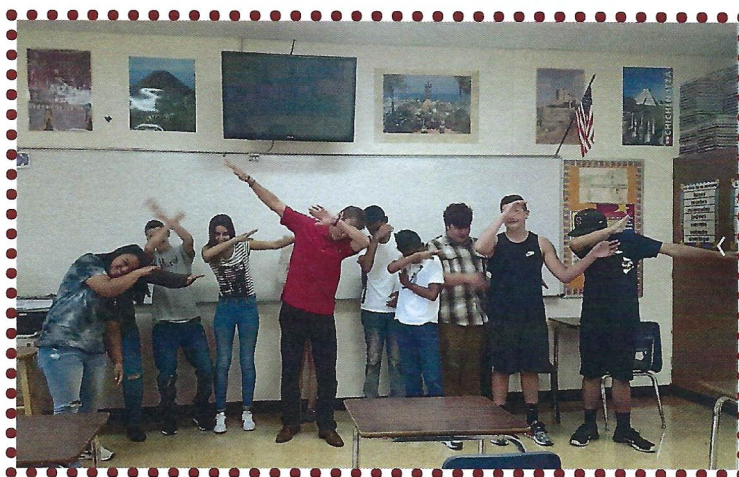
Principal Jill Falconer





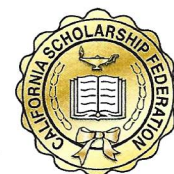
# FROM YOUR HISTORIAN

Welcome back Cardinals! I hope your summer was good. We kicked off the year welcoming Freshmen and familiarizing them with the school at Freshmen Orientation! Prior to school starting, the Volleyball season began with volleyball camp, getting the team back in fighting form for the new season. Soccer also started the season with a camp, practice is held everyday after school; their first tournament is the 18th -19th in Eureka, they are looking to start off the season strong. Cross country has also launched and they are working hard at practice everyday!



*Freshman Orientation*

Keep your eyes out for new clubs!!! Club Rush is on August 25th at lunch in the Quad. Club Rush will showcase the clubs at CLHS giving you the opportunity to join new clubs or renew your membership with past clubs. The clubs being featured will include: Interact, CSF, The Mountain Bike Club, The Latino Club, The Outdoor Club and more, so don't miss your opportunity to join!



If you haven't heard Homecoming is September 22nd, and the game will be played against Willits. The theme for Homecoming this year is Disney, with Seniors claiming Pirates of the Caribbean, Juniors with Aladdin, Sophomores with Alice in Wonderland, and Freshmen with Moana. The floats will be in the parade down Main Street and the Night Rally will take place immediately after the Varsity football game in the Quad! Remember Homecoming King and Queen will be crowned at varsity halftime! The classes will have to select their nominees for Homecoming Court soon, so be sure to look (or listen to) the Bulletin to ensure you can make it your class meetings, so you can make sure your nominee is on the ballot! The Spirit Cup winners will also be announced at this time so be sure to be at the game and to show your spirit during homecoming week!

- Zoë Cramer





# INTERVIEWS OF THE MONTH

## Mrs. Leiferman - New Superintendent!

**Q: Where did you grow up?**

**A:** The mid western part of South Dakota

**Q: What college did you go to? What did you major in?**

**A:** Graduated from South Dakota State University. Originally wanted to be an elementary counselor. Majored in a bachelor's in psychology and sociology. Later went back to get a masters in counseling.

**Q: What is your goal for L.U.S.D.?**

**A:** Improve Aeries by training teachers and staff. Aeries will help students individually and be showing the analytics. Improve students needs and what L.U.S.D. can offer.

**Q: Would you see yourself here in 5-10 years if so what would you like to change?**

**A:** She would like to see everybody checking on students and guiding kids. She would also like to see students more involved in our community.

**Q: What drew you to Lakeport?**

**A:** She moved here a day after graduating college because her husband had a job in Lakeport.

**Q: What are some hobbies you enjoy?**

**A:** She enjoys taking grandkids to the ocean and zoo. Calligraphy is something she takes joy in and hope to scrapbook in the future.

I would like to let parents know that our district has really good principals and vice principals and I enjoy working with them as a team



*Interview by Carina  
Martinez and Alyssa  
Thornton*



# **NEW TEACHERS**

**This year at CLHS we've brought in many new staff members, and the students of leadership are here to find out what they're all about!**

## ***Mrs. Schaver***

**Q: What made you come back to Clear Lake High School?**

**A:** She wanted to come back because she worked here ten years ago and found it fun. She also thought this new position would be interesting.

**Q: What grades have you taught?**

**A:** She has taught 1st through 12th grade. She was a P.E. teacher for 4th and 5th grade at one point in her career.

**Q: What college did you go to and what did you major in?**

**A:** She went to San Francisco State University. She majored in exercise physiology and minored in biology.

**Q: What is the hardest part of being a teacher?**

**A:** Some of the hardest things of being a teacher for her is getting everything she wants to do done and setting everything up on time. Also, getting the kids involved in the activity and making it fun.

**Q: What do you do in your free time?**

**A:** She runs a dog rescue program called Orphan Dog. Her program has been active for 20 years.

## ***Mr. Woodward***

**Q: Are you originally from Lakeport?**

**A:** Yes, I am originally from Lakeport.

**Q: What was your favorite subject in high school and why?**

**A:** My favorite was A.P. Biology because Mr. Dominguez was my teacher and he was an awesome teacher.

**Q: What is your goal as a teacher?**

**A:** My goal as a teacher is to make students **not hate math!**

**Q: Where did you go to college?**

**A:** I went to Humboldt State University for my degree in Math Education.

**Q: What would you do or say to encourage students to stay focused on high school?**

**A:** I would tell students that your high school diploma is important and makes life goals a lot easier to accomplish.



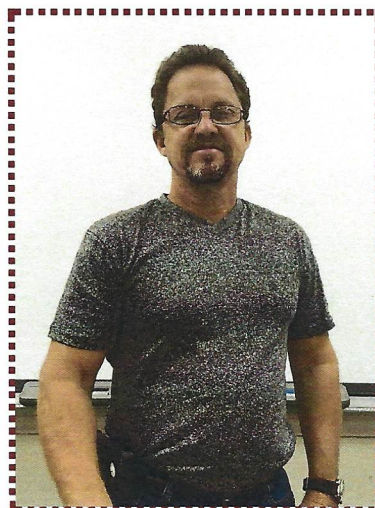
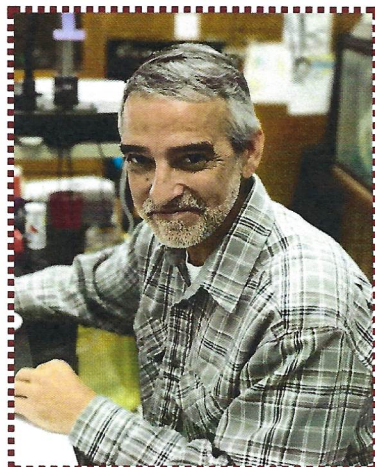


# NEW ELECTIVES

## ANATOMY - MR. DOMINGUEZ

New to the science department in Clear Lake High School is the Anatomy course taught by Mr. Dominguez. When asked what he had planned for the class, he shrugged in his iconic cool and calm teacher way and laughingly replied, "I don't know anatomy!" But in all seriousness, this class is definitely a good one to take. Mr. Dominguez explained, "This course will be an introductory course to anatomy that will be between baby biology and A.P. biology in difficulty." He later explained that he plans to have several dissection labs in the class. Anatomy will focus on cells, tissues, organs, and organ systems primarily. While there will be some organic chemistry involved, it will not be a highlight of the focus. Finally, Mr. Dominguez explained that this class is geared towards students that are planning on entering the medical field.

*Interview by Brent Hinchcliff*



## TEAM SPORTS - MS. ALOIA

**Q: You're pretty new to CLHS, how has your time here been? Do you like it?**

**A:** It's great! I have some experience with some students from my time at Terrace, and all of the students have been very welcoming and helpful.

**Q: Are you enjoying the new elective Team Sports? Tell us a little more about it.**

**A:** Yes! It's great. It's an elective PE course for students who enjoyed PE and want to improve their skills with a new advanced approach.

**Q: What's the most memorable thing that has happened so far in Team Sports?**

**A:** Well, we're just getting starting but it's great because everyone is athletic and not afraid to try. It's neat to see all these athletes jumping in.

**Q: You broke your leg?! What happened?**

**A:** Oh! Yeah well I was playing soccer with my adult women's league, and I may have torn a few ligaments.

**Q: What is the most important thing students will learn in Team Sports?**

**A:** Not a specific sport, but it will be great to see all these different athletes coming together to play and improve sports that they might not have experience with yet.

*Interview by Isabella Mattina and Ornella De Senti*

## ROBOTICS-MR. WHITE

**Q: What have you found most challenging being a teacher?**

**A:** That is a hard question because I am teaching chemistry, physics, and robotics. Robotics is open to sophomores and seniors, but overall I think the most challenging would be that we all have different ranges of learning.

**Q: What are five descriptive words that describe yourself?**

**A:** Five words to describe my personality are: energetic, adventurous, confident, curious and outgoing.

**Q: What do you like to do when you are not teaching?**

**A:** A couple things I enjoy doing while not teaching or on my free time would be camping, hiking, traveling, hang gliding, and jetskiing.

**Q: Tell us your experiences working with this age group.**

**A:** I like working with this age group because it shows growing up and gaining knowledge while they are turning from a teenager into an adult. It is actually amazing with how much knowledge they can learn in a year worth of taking one class.

**Q: What's the most satisfying moment throughout your teaching years?**

**A:** One of the most satisfying moments in my teaching years is that I have been awarded a student's favorite teacher throughout the whole school, multiple times.

*Interview by Savannah Santos*





# SPORTS

KICKING OFF THE SCHOOL YEAR IT'S TIME TO INTRODUCE THE FALL SPORTS TEAMS!

## JV FOOTBALL

AJ Adams  
Marvin Amaya  
Rolando Amaya  
Evan Coakley  
Chance Durnal  
Justin Hiatt  
Sage Jocius  
Dominic Legendre  
Treppa Talamoni-Mareks  
Matthew Martin  
Donald Mingo  
Julian Perez  
Saul Sanabria  
Victor Santana  
Felipe Sturr  
Roman Uribe  
Liam Wayment  
Frank Weiler  
Jonathan Werner  
Sterling Wong

## JV CHEER

Karolinn Bour  
Ashley Dahl  
Taylor Johnson  
Zuly Solis

## GIRLS SOCCER

Skye Bruch-Yates  
Lexi Burke  
Victoria Donnelly  
Nicole Duncan  
Regina Faalelea  
Angelica Garnica  
Janaea Hill  
Tianna Jardstorm  
Brooklyn Jenkins  
Vanessa Loans Arrow  
Carina Martinez-Lopez  
Breanna Pierce  
Mavis Pyorre  
Kortnie Reynolds  
Yuli Sonato  
McKenzie Turner  
Ashley Vasquez  
Tanya Vasquez

## VARSITY CHEER

Makaila Durbin  
Angelena Gonzales  
Kaiya Goodwin  
Rylee Henninger  
Trinitee Hoaglen  
Morgan Kuck  
Sydney Lawler  
Shayleigh McCormack  
Courtney McIntosh  
Mikayla Parrot  
Cameron Santana  
Teylor Tobin  
Sydney Winter

## JV VOLLEYBALL

Emma Boatright  
Shelby Butcher  
Ashlynn Gudmundson  
Joy Ingalls  
Shelby Ingham  
Emma Invento  
Erika Jimenez  
Emily Keiser  
Daijanae Landers  
Ali McKnight  
Natalie Perry  
Shaelyn McIntire  
Kendall Markham (stats)

## CROSS COUNTRY

Jaron Mertle  
Skylar Moore  
Jared Scott  
Quintin Scott  
Serenio Dominguez  
Dylan Bennett  
Ethan Scuderi-Schulman  
Tanner Morton  
Quinn Wynnacht  
Cole Saiz  
Jacob Lopez  
Brandt Mason  
Rainey Vanoven  
Fiona Kirkpatrick  
Caryssa Grivette  
Taylor Bucholz  
Jordan Peters  
Allison Scott  
Stacey Partridge  
Anahit Gevorgyan  
Mackenzie Markham

## VARSITY FOOTBALL

Alex Adams  
Gavin Bartell  
Dion Brewster  
Justin Cantrell  
Brandon Dickey  
Austin Davis  
Kyle Davis  
Juan-Carlos Flores-Garcia  
Bobby Gonzales  
Jason Johnson  
Isaac Lewis  
Ryan Lewis  
Rodrigo Lupercio  
TJ Talamoni-Mareks  
Dominic Mendez  
Josiah Ruiz  
Felix Salinas  
Guy Schortgen  
Johnny Strate  
Logan Thomas  
Erik Valadez  
Rico Vega  
Chris White  
Chris Jones  
Nolan Williams  
Brenden Allen  
Cody Rybolt





# CLASS UPDATES

## FRESHMAN

We had our first ever class meeting last Wednesday, and we have been working on planning out our float, which is based on the movie *Moana*, and working on other Homecoming business.

## SOPHOMORES

We had a class meeting last week, and we have been working on our Homecoming business. Our theme this year is *Alice in Wonderland*.

## JUNIORS

We had a class meeting to discuss Fall Homecoming and Prom. Our Homecoming theme is *Aladdin*. We scheduled a Prom meeting where we will finalize the time, place, and theme!

## SENIORS

We had our first class meeting last week, where we discussed our Fall Homecoming theme, *Pirates of the Caribbean*, and started brainstorming for our senior trip, sweatshirts, and picnic.



# STAY CONNECTED

*Stay connected TO CLHS online!*

<http://clearlakehighschool.wixsite.com/clearlakehighschool>



## *SOCIAL MEDIA*



@clhscardinals @clarencethecardinal  
#clhscardinals #clhsstudents #clarencethecardinal



Clear Lake High School



@clhscardinals  
@clhsstudents

## *COUNSELOR'S CORNER*

Having trouble with your grades? Questions on managing schoolwork? Go see our school counselors: Ms. Maize, 9th & 11th, and Miss. O'Donnell, 10th and 12th.

All IWE calendars are due to Ms. Maize and OWE letters and paystubs are due to Miss O'Donnell by August 31. If you have any questions about upcoming events for class, or personal questions please feel free to email them or make an appointment in the office.

Miss. O'Donnell: [jodonnell@lakeport.k12.ca.us](mailto:jodonnell@lakeport.k12.ca.us)

Ms. Maize: [jodiesm@lakeport.k12.ca.us](mailto:jodiesm@lakeport.k12.ca.us)





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# CLEAR LAKE HIGH SCHOOL

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350 Lange Street - Lakeport, California 95453 • Phone: (707) 262-3010 • Fax: (707) 262-3026 • [www.ClearLakeHigh.com](http://www.ClearLakeHigh.com)

## **Important “Things To Do List” for Seniors**

### **Create a Common App account**

**Only one application for over 750 colleges! There is no need to repeat your applicant details for every college on your list. Enter your information one time and use it to apply to multiple schools.**

<http://www.commonapp.org/>

### **Sign up to receive emails from Unigo**

**Best of both worlds! Information/reviews for 7,000 colleges AND scholarships opportunities on one website.**

<https://www.unigo.com/>

### **Find your Niche (sign up)**

**College search, college rankings, acceptance rates, scholarships (such as the \$2,000 No Essay Scholarship), and so much more!**

<https://www.niche.com/?ref=colleges>

### **If you have not done so already, create a College Board account!**

**Information related to the SAT and AP Exams as well as access to college planning and scholarship searches.**

<https://www.collegeboard.org/>





# College <sup>and</sup> Transfer

**4:00-7:00 Fair**

**Tuesday, September 5, 2017**

**MENDOCINO COLLEGE  
LAKE CENTER  
2565 PARALLEL DRIVE  
LAKEPORT, CA 95453**

Who should attend?  
Students of all ages,  
parents, and  
members of the  
community.

For more information contact:  
Tammy Serpa, Education Specialist LCOE  
tserpa@lakecoe.org  
(707) 263-8918 x284

College will include...

Academy of Art University  
Butte College  
Cal Maritime  
CSU Chico  
CSU East Bay  
Fresno Pacific University  
Humboldt State - Veterans Office  
Humboldt State University  
Mendocino College  
National University  
New School of Architecture  
& Design



...and...

Oregon Tech  
Pacific Union College  
San Francisco State University  
Sonoma State University  
UC Berkeley  
UC Davis  
UC Irvine  
UC Merced  
UC Santa Cruz  
University of East London  
University of the Pacific  
William Jessup University  
Woodland College

...and more!



# MEDICAL CAREER PATHWAYS INFORMATION WORKSHOP

**Thursday, September 7, 2017**  
**5:00 – 7:00 p.m.**

Mendocino College Lake Center  
2565 Parallel Drive, Lakeport CA - Room 7050  
*Refreshments will be served*

**Learn about medical career training opportunities in Lake and Mendocino Counties.**  
Representatives from the following educational programs  
will be present to provide information:

## **NURSING**

Mendocino College

## **EMERGENCY MEDICAL TECHNICIAN (EMT)**

Mendocino College & Mendocino County Office of Education

## **DENTAL ASSISTANT**

Mendocino County Office of Education

## **PHLEBOTOMY**

Mendocino County Office of Education

## **MEDICAL ASSISTANT**

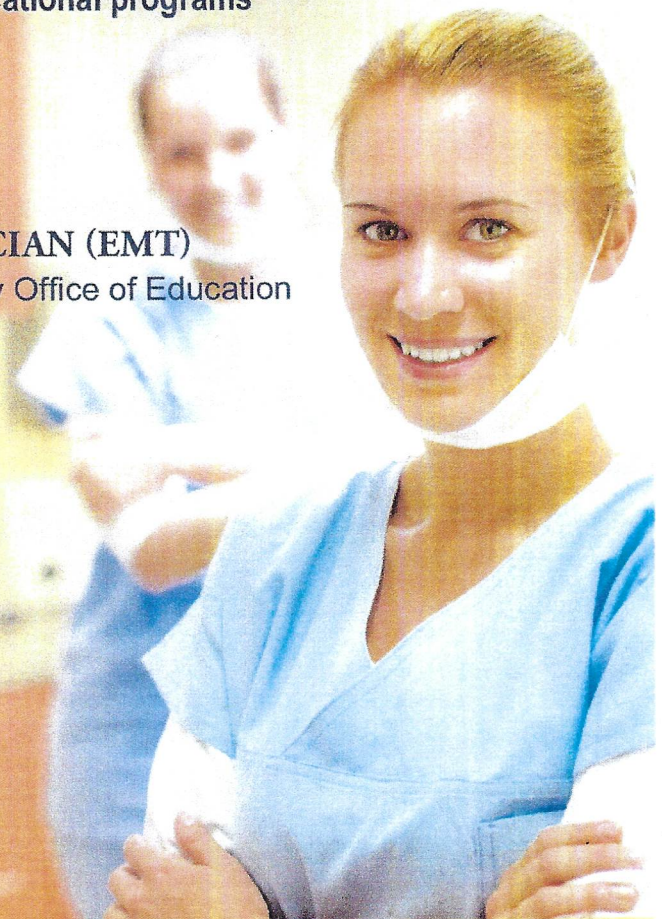
Lake County Office of Education &  
Mendocino County Office of Education

## **CERTIFIED NURSE ASSISTANT**

Lake County Office of Education

## **LICENSED VOCATIONAL NURSE**

Ukiah Adult School



**MENDOCINO COLLEGE**  
**LAKE CENTER**



# Clear Lake High School Booster Club Wants You!

INDIVIDUAL/FAMILY MEMBERSHIP PER YEAR = \$20.00

The Clear Lake High School Booster Club helps raise funds that directly benefit your student at CLHS. Annually, the Booster Club coordinates the fundraising and distribution of over \$20,000 in grants for classroom supplies, equipment and scholarships to students for enrichment activities. The Booster Club's success depends on the support and participation of its members. Two hours a year is all that is needed by each member to achieve the Club's goals. Below are activities in which you might be willing to assist. Your annual membership dues includes a Booster Club "T" shirt and membership card. Please take a moment to join the Booster Club by filling in this form and mailing it along with your check to:

CLHS Booster Club P.O. Box 87 Lakeport, CA 95453

Name(s): \_\_\_\_\_  
Address \_\_\_\_\_  
Street: \_\_\_\_\_ City: \_\_\_\_\_  
Phone Contact \_\_\_\_\_  
Home: \_\_\_\_\_ Work: \_\_\_\_\_ Cell: \_\_\_\_\_  
e-mail: \_\_\_\_\_

Student(s) Name(s)	Grade	Homeroom Teacher
_____	_____	_____
_____	_____	_____
_____	_____	_____
_____	_____	_____

Please consider signing up for one activity.

\_\_\_\_\_ Fireworks Fundraiser \_\_\_\_\_ Snack Shack /Concessions \_\_\_\_\_ Advertising  
\_\_\_\_\_ Safeway escrip Promotion \_\_\_\_\_ Sports Programs \_\_\_\_\_ Events Promotion  
\_\_\_\_\_ Board Membership \_\_\_\_\_ General Membership

Individual/ Family Membership Annual Dues (includes one Club "T" shirt)	\$20.00
Additional Club "T" shirts Qty. _____ @ \$10.00 ea	\$ _____
Additional Contribution	\$ _____
Total	\$ _____

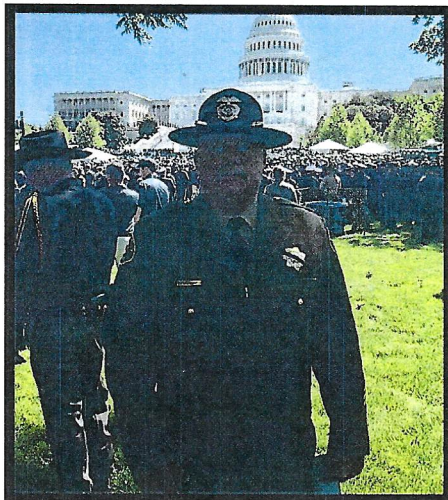
THANK FOR YOUR TAX DEDUCTIBLE CONTRIBUTION !

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Retain this portion for your records

Booster Club Membership Dues: Date \_\_\_\_\_ \$ \_\_\_\_\_ Check # \_\_\_\_\_



# *In Loving Memory of Robert Rumfelt*



*Rob Rumfelt has impacted the students and culture at Clear Lake High School for many years. His two daughters went through school here, and we were fortunate to have him as one of our football coaches. He was looked up to by his players; he was more than just a tough coach to many of them - he was a father figure, mentor, hero, and friend. Mr. Rumfelt helped everyone around him become their best self and he pushed his players to their full potential. He was highly respected by all throughout the community, serving in law enforcement for 20 years, including his most recent time as a Lake County Deputy Sheriff. He attended and supported senior panels at CLHS every year, and our school and community will not be the same without him. He will be greatly missed, and never forgotten.*